**Community College of Philadelphia**

PSYC 101H – Introduction to Psychology

Contextualized for Early Childhood Education

# Spring 2018 - SEC 109/CRN 13046

# [Saturday 9:00- 1:20pm AND canvas]

**Course Instructor…**

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| **Name:**  **Email**: | Ilze Nix, M.A. **Office Hours:** Tue 2:30 – 3:15pm (MAIN)  inix@ccp.edu Wed 8-9am & 12-2pm (NERC) |
| **Phone:** | Voice mail: Thu 9:45–11am; 2:30-3pm (MAIN) |
| **Office:** | NERC 301 / BR-25C Fri 8-9:00am (NERC) |

**Course Goals…**

**Course Description:** In this course students survey the research and theories of the science of human behavior with a particular focus on human mental processes. Among the topics discussed are development, learning, memory, perception, personality, motivation, social behavior, abnormal behavior and therapy. Also included is an introduction to the various careers associated with psychology. Key to the study of psychology is the scientific method and how it is applied to the analysis and measurement of individuals and groups.

**Student Learning Outcomes:** Upon successful completion of this course students will be able to:

* Define psychology as a science in terms of its history, theories, methods, applied areas, and ethical issues.
* Describe the structure and function of the nervous system as the biological basis of behavior and cognition.
* Demonstrate an understanding of the major perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and socio-cultural).
* Apply the major theoretical perspectives to an understanding of personality, lifespan development, abnormal behavior, and psychotherapy.
* Recognize and respect human diversity and understand that psychological explanations may vary across populations and contexts.
* Describe a variety of careers in psychology and how psychology is useful to many areas of the workplace.

**Required Materials…**

**-Textbook:** Myers, D.G. & Dewall, C.N. (2016). *Exploring Psychology in Modules. (10th ed).* Worth

Publishers.

-Regular and reliable access to **Canvas** for all course related documents and activities.

**Course Grading…**

Students will earn points for various assignments, activities and assessments throughout the course and the final grade will be based on the following grading scale (in points):

A = 448 - 500 B = 398 - 447 C = 348 - 397 D = 298 - 347 F = 0 - 297

90-100% 80-89% 70-79% 60-69% Below 60%

**Course Assignments, Activities & Assessments…**

**In-Class Participation:** (Several throughout the course - Due During Class - worth 50 points total)**:** Students will be required to complete various activities during scheduled class times. These activities will differ from class to class and would include, but not limited to; case studies, pop quizzes, defining terms, small group assignments, movie analysis, completing a psychological self-inventory test, etc. These activities cannot be made-up in the event of the student missing class.

**Online Class Participation:** (Several throughout the course - worth 200 points total)**:** Students will be required to complete various online activities throughout the semester. Activity instructions will open on Monday at 8AM and remain open until the following Monday. Weekly activities will remain open for the entire week and can be completed and submitted anywhere during the period that it is open. The exception to this will be for the discussion activities for which the main discussion response must be submitted by 8AM Thursday! Each week the activity will highlight an important aspect of the material covered in an attempt to have the student integrate and apply what they are learning. The activities will vary between class discussions, short written assignments, article reviews, and/or worksheet completions.

**Chapter Quizzes:** (15 throughout course - See schedule for due dates – worth 150 points total): *Quizzes will be administered in Canvas*. The quiz will open directly after class on the day indicated in schedule. Students must take the exam BEFORE 8am the following (i.e. very next) Tuesday. Students will be required to take the quiz at their convenience anywhere during the period that it is open. Make up quizzes are NOT given since you have so much flexibility of when you can take them. Quizzes will be multiple choice, open book and open note, BUT will be timed. Each quiz can be taken TWICE and the highest of your two attempts will count towards your final grade. Students are required to work on the quizzes ALONE and not in a group setting. Quizzes will cover material from lectures, movies, class discussion, and the assigned reading, thus attendance and thoughtful consideration of class discussions will likely be of benefit when taking quizzes.

**Midterm and Final Exam:** (each worth 50 points = 100 points total)**:** Each exam will be comprehensive spanning the material from the textbook, class discussion, and the assigned reading. Exam will consist of multiple choice, true/false, and short questions. Make-up exams will only be scheduled in extreme cases.

**Course Schedule…**

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| **Date** | **Topic(s)** | **Tasks** |
| Saturday 2/17 CLASS | Introductions of students & instructor.  Class expectations & course requirements.  **Module 1&2** – Psychology Past & Present & Research Methods  **Module 3-6 –** Biology & Behavior | ***Always review material covered in class that day and read next chapter…***  \*Plagiarism Pledge  \*Syllabus Quiz  Due IN-CLASS  \*Look at me!  \*9 Things Educators should know…  Due 8AM S 2/24  \*Psychology Discussion  MAIN POST Due 8AM R 2/22  RESPONSE Due 8AM S 2/24  \*Quiz 1 (Module 1&2)  \*Quiz 2 (Module 3-6)  Due 8AM S 2/24 |
| Saturday 2/24 CLASS | **Module 16-18** – Sensation & Perception  **Module 19-21 –** Learning  **Module 22-24** - Memory | \*Blue Man Group  \*Conditioning Worksheet  Due IN-CLASS  \*Tracing Memory…  Due 8AM S 3/3  \*Quiz 3 (Module 16 - 18)  \*Quiz 4 (Module 19-24)  Due 8AM S 3/3 |
| 3/3-3/10 ONLINE | **Module 7-9 –** Consciousness  **Module 25-26 –** Thinking & Language | \*While you were sleeping…  Due 8AM S 3/17  \*Thinking Creatively Discussion  \*Learning language/s Discussion  MAIN POST Due 8AM R 3/15  RESPONSE Due 8AM S 3/17  \*Quiz 5 (Module 7-9)  \*Quiz 6 (Module 25-26)  Due 8AM S 3/17 |
| Saturday 3/17 CLASS | **Module 10-14 -** Development | \*Babies  Due IN-CLASS  \*Trying out these experiments… Discussion  MAIN POST Due 8AM R 3/22  RESPONSE Due 8AM S 3/24  \*Quiz 7 (Module 10-14)  Due 8AM S 3/24 |
| 3/24-3/31 ONLINE | **Module 14-15 –** Gender & Sexuality  **Module 29 - 30 –** Motivation | \*Nature/Nurture and gender?  Due 8AM S 3/31  \*Being Motivated Discussion  \*Let’s talk about sex! Discussion  MAIN POST Due 8AM R 3/29  RESPONSE Due 8AM S 3/31  \*Quiz 8 (Module 1&2)  \*Quiz 9 (Module 3-6)  Due 8AM S 3/31  \*MIDTERM  OPENS 8AM WED 3/28 - Due 8AM 3/31 |
| Saturday 3/31 CLASS | **Module 38-39 -**  Personality  **Module 33-34** – Stress, Health & Happiness | \*Personality Testing  \*Happy  Due IN-CLASS  \*Quiz 10 (Module 38-39)  \*Quiz 11 (Module 33-34)  Due 8AM S 4/7 |
| 4/7—4/14 ONLINE | **Module 27- 28 –** Intelligence  **Module 31-32 –** Emotions | \*EQ …  Due 8AM S 4/14  \*What are we learning in school Discussion  \*Grit & Mindsets Discussion  MAIN POST Due 8AM R 4/12  RESPONSE Due 8AM S 4/14  \*Quiz 12 (Module 27-28)  \*Quiz 13 (Module 31-32)  Due 8AM S 4/14 |
| 4/14-4/21 ONLINE | **Module 35-37 –** Social Psychology | \*Pro & Antisocial Relations…  Due 8AM S 4/21  \*Blind Obedience Discussion  MAIN POST Due 8AM R 4/19  RESPONSE Due 8AM S 4/21  \*Quiz 14 (Module 35-37)  Due 8AM S 4/21 |
| Saturday 4/21 CLASS | **Module 40-43** – Psychological Disorders  **Module 44-45** – Therapies | \*Bob  Due IN-CLASS  \*A final thought…  Due 8AM S 2/24  \*Quiz 15 (Module 40-43)  \*Quiz 16 (Module 44-45)  Due 8AM S 4/28 |
|  | **FINALS Week 25 April – May 3** | \*Complete Final Exam |

*Providing adequate notification to the students, the instructor reserves the right to alter the course requirements and/or course schedule as listed above if deemed necessary.*

**Course Policies & Procedures…**

**Attendance**: Regular, on-time attendance for the entire class meeting is vital to your success in this class. Please note that I consider attendance to be more than just physically being there, to be in attendance one must be present physically and mentally. Attendance will be taken at the start of each class period. Should you arrive late to class, after attendance has been taken, **it is your responsibility** to come talk to me immediately after class.

Students who do not sign into the class once in the first two weeks will be reported as having ‘never attended’. Students who stop attending without officially withdrawing, will receive a grade of F and the last date of attendance will be recorded for financial aid purposes. Students can withdraw from a 15-week course either online on MyCCP or by submitting the appropriate paperwork to the Office of Records and Registration by the deadline published in the College Calendar online, to get a “W” and not an “F” for a class. After this date, you must accept the grade you earn.

**Academic Honesty**: The core of a College’s integrity is its scholastic honesty. There it is essential that students be held to the highest level of academic integrity. It is ultimately the student’s responsibility to uphold standards of academic honesty at all times and in all situations. Students will be found to have violated their responsibilities if they: a) copy from another classmate during a test; b) use notes or other materials during a test; c) use unfair methods to learn what is on a test before it is given; d) submit work as their own that was the work of another person; e) provide assistance to another person engaging in academic dishonesty. In other words… **Cheating on quizzes means taking them with others, getting help with answers from other people, or sharing answers, and all work you submit must be in your own words or appropriately referenced!** The student handbook states that students who violate their responsibilities will be liable for disciplinary action by the College.

**Class Etiquette:** The Student Code of Conduct provides the specific policies and procedures regarding standards of acceptable behavior. As a CCP student, you agree to:

1. Preserve the integrity of the learning community
2. Respect the rights of others
3. Cooperate with faculty, staff and administrators to further the mission of the College
4. Obey all laws and policies of the College.

This translates to specific expectations of classroom behavior:

* It is the instructor’s obligation to provide a learning atmosphere for all students enrolled in the course. Any behaviors which disrupt the learning environment are not acceptable and will not be tolerated. I will speak with you privately about the matter at first, but a continuation of the behavior will warrant a discussion involving other college administration.
* You are expected to be in your seat when class begins and to remain there until the class has ended. Arriving late and/or leaving early are activities that cause disruptions to students and to your instructor. Please plan your time accordingly.
* Please try to remain in the classroom for the duration of our meetings; leaving/coming late is a disruption to all of us,

but especially YOU. In an emergency, if you must leave/enter late, please do so quietly. When you return, quietly take

your seat; but please don’t return and ask your neighbor to catch you up - now, you are interrupting their learning along

with the rest of us with your side conversation.

* Cell phones/tablets/computers and pagers need to be turned off during class time. Using your device in class for messaging/internet browsing/social networking/etc. is unacceptable behavior which will not be tolerated. Please talk to

me if you wish to take notes on a computer prior to doing so. If you expect an emergency call/text please inform me

PRIOR to class so I will understand you stepping out of the class in this event.

* It is expected that you participate in the class discussion, but talking to your neighbor or continuous discussion with your friend is not acceptable participation. Please raise your hand and share your thoughts with all of us. However, even though you might have a valid point or interesting contribution to the material please know that it is also disruptive to the class if you are over-sharing, constantly adding the last word, and generally dominating the class conversation.
* Mutual respect for everyone in the class is essential for a learning environment. This starts by showing respect to another when they are talking, your instructor included: When one person is addressing the class, everyone else should be listening. Along with that, do not interrupt and if you disagree with something said, do so diplomatically. ALWAYS speak to others in a respectful tone of voice. No yelling, name-calling, or other use of profane language will be tolerated. Let’s treat each other with basic human courtesy and respect, even if we disagree.

*Any behavior in class that does not adhere to these expectations will be addressed. Instructors have the right to ask students to leave the room. If this happens, please leave quietly whether or not you agree with this decision and the talk with me later. By staying enrolled in the class, you are agreeing to abide by the policies outlined in this syllabus and those in the Student Code of Conduct.*

**Technology/Email/Submitting work:** Students are expected to master the technological skills necessary to perform in the course, such as word processing and use of the internet, particularly MyCCP and Canvas. All classroom material will be available for student access in Canvas - no paper copies of material will be distributed. Furthermore, a**ll the quizzes and written assignments will be completed and accepted in Canvas only!** All work must be submitted via the appropriate link on Canvas by the due date and time. Work submitted in any other fashion will not be evaluated for a grade. Computer or internet connection problems are not an acceptable excuse for not completing work. College libraries as well as public libraries provide free computer and internet access. Participants are expected to retain an electronic copy of all work submitted. If transmission of the work fails, participants are expected to “resend” the document under directions of the instructor.

Students are expected to check Canvas and their CCP emails for any class related announcements regularly. It is especially important that you check-in online before heading to class in the event that there is a valuable update about class for you. **Students are expected to use their CCP email for course communications.** Please include your class number in the subject line! Students can expect a reply within 24 hours to emails send Monday through Friday. Emails send after 5pm Friday through Sunday will be replied to within 48 hours.

**Deadlines/Late Submission/Make-Up Work**: Work is due when it is due. Please refer to the course ‘Assignments, Activities & Assessments’ as well as the ‘schedule’ sections above for detailed discussions about due dates and policies. You will find that there is a lot of flexibility and time BEFORE and even during deadlines. Please plan accordingly to prevent you from not meeting a deadline. That being said, there are times when a true emergency (i.e. serious illness or hospitalization, family situation or accident) keeps one from meeting a deadline. Be sure to contact the instructor ASAP (at least within 24 hours) in the event of such an emergency to allow for a discussion about an extension. Each situation will be considered on a case-by-case basis**. You must demonstrate responsibility to be granted any extensions, which means you need to communicate with me.** Note that computer or internet problems due not fall within the spirit of this exceptions policy.

**Getting Help: Resources and Learning Tools**

There are lots of resources available should you need extra help:

* **The Syllabus**: If you have a question about the course: what, when, why, how… It is almost certain that the answer is somewhere here in the syllabus. **Read the syllabus, carefully, all the parts!** Review it, many times throughout the course! And if you truly still don’t see the answer then be sure to ask.
* **Your teacher**: Anytime you are having trouble with the class you should contact me right away. Email is the fastest way to reach me. For office hours, it’s best to gives me a heads up you are coming.
* **Your classmates**: You can email some/all of your classmates in Canvas. Be sure that you get to know at least 3 students and exchange contact information.
* **Tech Support**: Canvas has tech support and help features. Please use these for technical related issues. It is important that if you have a tech issue in Canvas, you report it to them right away.
* **The Central Learning Lab**: Located in Room B1-28, it’s full of help: tutoring for this course, and the Writing Center, where you can get help with papers.
* **Computer Labs**: Computer labs available for you to type papers, print out course documents, check CCP email and Canvas. You need your student ID to access the labs, located in rooms B2-33, C3-17, and the Library. Printing is limited to 30 pages!
* **Library**: Visit MyCCP for hours of operation and access to the catalog and online databases. A valid Student ID is required to enter the library.
* **Center on Disability**: Students with disabilities (eg. physical, learning, psychiatric, vision, hearing, etc) should contact the Center on Disability early in the semester for a confidential discussion of academic accommodations. The Center on Disability is located in BG-39 and their phone number is 215-751-8050; additional information can be found on MyCCP.
* **Single Stop**: This center is located in M1-21 and can help students access state and federal financial resources and local community services. The aim is to help students overcome economic barriers, continue with their education and move towards economic mobility. You can get help with legal issues, finances, healthcare, and so much more!

*The nature of this course lends itself to some extra discussion here… When examining the behavior of another, we can see many things both normal and abnormal. This is not to think everyone has a diagnosable disorder! As this class progresses, you will learn many tell-tale indicators of mental illness and psychopathology. It is a common practice for us to enjoy analyzing people and placing them into neat little categories, but* ***please refrain from diagnosing yourself, your friends, your parents and family, your classmates, your professors or anyone else* ☺.***That being said, if a topic matter causes you significant distress, makes you very worried about yourself or another, leaves you feeling like you truly need to speak to someone then please do so…. A final great resource especially for this…*

* **The Counseling Center**: Professional counselors are available in room BG-07 for **free** personal, career, academic, & transfer counseling.